



BOOGIE MITES HOW TO MAKE



Your Own Tapping Sticks

Tapping sticks are great for children to feel the beat of the music and to break down and sound out words. Boogie Mites recognise what a fantastic literacy aid they are, therefore we have written lots of songs to encourage the use of rhythm sticks and tapping out words.

Follow our two easy steps to make your own:

Step 1: Buy some dowel from any timber merchant and saw it into 7" lengths, and sand it down so that it is ready for painting and varnishing

Step 2: Children can help with the painting but the varnishing is sticky and messy and should be done by an adult to ensure complete coverage. All paint and varnish must be non-toxic and child friendly.

Tip: By painting them in different colours and using different patterns, we also use our sticks to support sequencing and pattern recognition.

Don't have time to do this? As an alternative, you can buy small wooden spoons to tap.



BOOGIE MITES HOW TO MAKE



Your Own Shakers

Shakers are a fantastic way to explore sounds, rhythm and movement with children, therefore they are an essential instrument in our workshops. They are great fun and easy to make at home or in an Early Years setting. Here are the 5 quick easy steps to get you shaking.

Step 1. You will need a receptacle with a lid, almost any will do as long as it is non-breakable. Plastic drink bottles, potato chip tubes, cleaning product plastic containers (washed well!).

Step 2. The clean and dry receptacle can then be filled with rice or lentils for a lighter sounding shaker, corn or chick peas for something a bit louder. You can also add a small amount of packaging which help bulk out the content.

Step 3. Secure the lid with glue and sticky tape. We tend to use electrical masking tape as it can be colourful and is tough, help prolong life of the shaker.

Step 4. Next you can decorate the shaker, which is part of the craft activity the children can really get involved with and love. You can decorate it with stickers, painting, ribbon; plus it can be decorated to fit with a specific theme or just to capture elements of a favourite song, rhyme or story.

Step 5. Then use Sticky back plastic to cover the final design as it can help protect paint, cuttings, glitter, stickers or whatever material that you have chosen to use.



BOOGIE MITES HOW TO MAKE



Your Own Drums

SMA tins make perfect drums. Just ask the parents to bring in empty SMA tins and you will collect a full set before you know it. The metal end can be covered with a circle of felt to soften the sound. The tin can be decorated with paper stickers and coloured electric tape around the edges.

If you cannot collect a full set, drums can be made from any sturdy box, can or plastic tub. For example washing powder boxes, shoe boxes, coffee/hot chocolate cans, ice cream tubs all make great drums. You can decorate the drums with any scraps of paper/ material you have to hand. Or just cover them in stickers.

Drums are great for exploring rhythm, as an aid to creativity and self expression and as a means of promoting engagement.