

# Children & Family Hubs

London Fields & Shoreditch Park

**Activity Timetable**      **Date:** April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Ann Tayler Children &amp; Family Hub</b></p> <p>1-13 Triangle Road E8 3RP <b>T. 020 7275 6020</b></p> <p><b>Frampton Park Pre-school Playgroup</b> 35 Frampton Park Rd E9 7PQ</p> <p><b>Sebright Children's centre</b> Haggerston Park Queensbridge Road E2 8NP <b>T. 02077491210</b></p>	<p><b>First Steps</b> 9:00am – 5:00pm By appointment</p> <p>-----</p> <p><b>Registered Childminders Drop-in</b> (at Sebright) 10:00am – 12:00am</p> <p>-----</p> <p><b>Steps into Music</b> (at Frampton Park) 0 – 18mths 10:00am – 10:30am 2 – 5 years 10:45am – 11:15am 0 – 5 years 11:30am – 12:00pm</p> <p>-----</p> <p><b>Play Drop-in</b> (at Frampton Park) 0-5 years 1:30pm – 4:00pm</p> <p style="text-align: center;"></p>	<p><b>Play Drop-in</b> (at Frampton Park) 0 - 5 years 10:00am – 12:00pm 1:30pm – 4:00pm</p> <p>-----</p> <p><b>HartBeeps</b> (at Sebright) 10:00am – 10:45am</p> <p>-----</p> <p><b>Baby Yoga</b> Booking required 10:00am – 12:00pm</p> <p>-----</p> <p><b>Toy Library at Hackney Central Library</b> 10:00am – 11:45am</p> <p>-----</p> <p><b>Infant Feeding</b> (at Sebright) Booking only 10:00am – 1:30pm</p> <p>-----</p> <p><b>Tiny Toes Infant Feeding Drop-in (0-6 months)</b> 1:00pm – 2:30pm</p>	<p><b>Health Clinic</b> (at Sebright) 9:30am – 12:30pm Booking only</p> <p>-----</p> <p><b>Baby Massage</b> Booking required 10:30am – 12:00pm</p> <p>-----</p> <p><b>Rollers and Crawlers Drop-In</b> (at Frampton Park) 0-1 years 10:30am – 12:00pm and 1:30pm – 3:00pm (with Hart Beeps)</p> <p>-----</p> <p><b>Welcome to your centre</b> Last Wednesday of every other month 11.00am – 12.30pm By appointment</p>	<p><b>First Steps</b> 9:00am – 5:00pm By appointment</p> <p>-----</p> <p><b>Child Health Clinic</b> 9:30am – 12:00pm Booking only.</p> <p>-----</p> <p><b>Registered Childminders Drop-in</b> (at Frampton Park) 0-5years 10:00am – 11:45am</p> <p>-----</p> <p><b>Stay and Play</b> (at Sebright) 10:00am – 11:45am</p> <p>-----</p> <p><b>Starting Solids</b> 3rd Thursday of the month (at Ann Tayler) 1:00pm – 3:00pm</p> <p>-----</p> <p><b>Play Drop-in</b> (at Frampton Park) 0-5 years 1:30pm – 4:00pm</p>	<p><b>Toy Library and Stay &amp; Play Drop-In</b> (at Frampton Park) 0-5 years 10:00am – 11:45am</p> <p>-----</p> <p><b>Stay and Play/Music Activity Room</b> (at Sebright) 0-5 years (Starting 7th June) 10:00am – 11:45am</p> <p>-----</p> <p><b>8/27 Months Developmental Checks</b> 9:30am – 4:00pm</p>

**Working for every child**

# Children & Family Hubs

## Activities & Support

### Citizens Advice

For support, advice, information on wellbeing, welfare and benefits.

**Mapledene children's centre** on 1st Wednesdays  
10:00am - 1:00pm. Call to book.

**Ann Tayler Children & Family Hub** on 2nd, 3rd, and 4th Wednesdays 10:00am - 2:00pm. Call to book.

### Antenatal & Postnatal Clinic

Monday, Tuesday, Wednesday and Friday from 8:30am - 5:00pm.



**Peer Support in Pregnancy** - Tuesdays AM only.

### Childcare

For more information on childcare vacancies contact:  
**Ann Tayler Children & Family Hub** on **020 7275 6020** or at [ataylercfc@hackney.gov.uk](mailto:ataylercfc@hackney.gov.uk).

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to [education.hackney.gov.uk](http://education.hackney.gov.uk)

### Adult Learning

- **ESOL** - Mondays & Wednesday 9.30am - 3.00pm

For more information call **020 7275 6020**.

### Talking Walk-In initial assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment. Every 2nd Monday of each month.

Email: [hello@get-hackney-talking.local](mailto:hello@get-hackney-talking.local)  
or call: **020 7683 4262** for more information.

Appointment only.

### Upcoming-

07/06/2024 - **First Aid for Parents with babies under 5 months** 12.30pm – 2.30pm

21/06/2024 - **First Aid for Parents** 12.30 – 2.30pm

Booking only - limited spaces



### Family Support

If you would like support with family life, finances and other issues, speak to the Family Support Service.

They can provide one-to-one support or direct you to where you can access relevant support, alternatively you can attend their surgery on Thursdays 1.30pm - 3.00pm.

Please call Family Support Monday-Friday, 9am - 5pm at **Ann Tayler Children & Family Hub**.



### Healthy Start Vitamins

**FREE** vitamins for pregnant women, new mums and children under four.

You can collect Healthy Start Vitamins Monday to Friday, 9am - 5pm at reception.

**Health Clinic booking**  
**Ann Tayler Children & Family Hub**

0207 683 2634

**Sebright Children's centre-**

0207 683 4695

0207 683 4151