## Daubeney Children & Family Hub

Activity Timetable 28th July to 29th August 2025

103 Daubeney Road London E5 0EG

T: 020 8525 7040

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| 28TH JULY 2025<br>Stay & Play: Pizza<br>making<br>10am– 12pm<br>(0– 8 years)  | 29TH JULY 2025<br>Stay & Play: Pizza<br>making<br>10am- 12pm<br>(0- 3 years)  | 30TH JULY 2025<br>V&A Childhood Museum Trip<br>10.30am– 2.30pm<br>Book at Daubeney C&F reception*<br>Health Clinic<br>1.30pm– 3.30pm<br>Call 020 7683 4151 to book<br>Infant Feeding Peer Support Drop-In<br>1pm– 2.30pm  | *V&A trip note:<br>Meet at Daubeney C&F Hub at<br>10:00am or at the V&A Museum<br>gate. Bring your<br>oyster/contactless card, and a<br>packed lunch.   |  |
| * Walton-on-Naze trip<br>note:<br>Parents need to attend a<br>drop-in to book a trip.<br>Meet at Daubeney C&F<br>Hub at 9:00am<br>(Adults- £5,<br>Children aged 2 to 15-£2).<br>No card payment, cash<br>only | 5TH AUGUST 2025<br>Walton-on-Naze Coach<br>Trip<br>9.30am – 6pm<br>Book at Daubeney C&F<br>reception*<br>Baby Steps Clinic<br>9am – 4pm<br>By referral only | 6TH AUGUST 2025<br>Stay & Play: Fruit salad making<br>10am– 12pm<br>(0– 8 years)<br>Health Clinic<br>9.30pm– 3.30pm<br>Call 020 7683 4151 to book<br>Infant Feeding Peer Support Drop-In<br>1pm – 2.30pm  | 7TH AUGUST 2025<br>Stay & Play: Fruit salad making<br>10am- 12pm<br>(0-3 years)   | Email:<br>CFHUB@daubeney.hackney<br>.sch.uk<br>https://www.daubeney.hack<br>ney.sch.uk/childrens-centre-<br>and-family-hub<br>Instagram:<br>@Daubeneycfhub |
| <b>11TH AUGUST 2025</b><br>Stay & Play: Biscuit<br>Decorating<br>10am– 12pm<br>(0– 3 years)   | 12TH AUGUST 2025<br>Stay & Play: Biscuit<br>Decorating<br>10am-12pm<br>(0– 8 years)<br>Baby Steps Clinic<br>9am– 4pm<br>By referral only                    | 13TH AUGUST 2025<br>Kew Garden Trip<br>11am– 3.30pm<br>*Book at Daubeney C&F reception<br>Health Clinic 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> August<br>1.30pm – 3.30pm<br>Call 020 7683 4151 to book<br>Infant Feeding Peer Support Drop-In<br>1pm – 2.30pm 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> August | *Kew Garden Trip note:<br>Parents need to attend a drop-in<br>to book a trip.<br>Meet at Homerton station at<br>9:00am or Kew gardens Victoria<br>gate at 11am. Bring your<br>oyster/contactless card, and a<br>packed lunch. |  |

**Children & Family Hubs** Partnerships

# **Hackney**

### **Daubeney Children & Family Hub** Activity Timetable (Term Time only) 23rd April to 18th July 2025

103 Daubeney Road London E5 0EG T: 020 8525 7040

### Citizen's Advice

For support, advice, information on wellbeing, welfare and benefits. **Tuesdays, 10am–1pm** Daubeney Children & Family Hub. Call **020 8525 7040** to book.

\_\_\_\_\_

### Shelter Housing Support and Advice Contact 020 8525 7040

Domestic Abuse Intervention Service Support and Advice Contact 020 8525 7040

#### Baby Steps Support and Advice Contact 020 8525 7040

-----

### **Healthy Start Vitamins**

FREE vitamins for pregnant women, new mums and children under four. You can collect Healthy Start Vitamins from Daubeney, Gainsborough, Wentworth, and Morningside reception **Monday– Friday, 9am– 5pm.** 

Forest School Outdoor Learning at Clapton Park Children's Centre More information: hackneyforestschool.co.uk/web/dropins/225242

**Rose vouchers** To find out if you are eligible for rose vouchers for <u>FREE</u> fruit & vegetables, **Contact Daubeney Children & Family Hub**.

-----

### **Children & Family Hubs** Partnerships

### Childcare

For more information on childcare vacancies contact: Daubeney Children & Family Hub and Nursery 020 8525 7040 Wentworth Nursery School & Children's Centre 020 8985 3491 Option 2 Clapton Park Children's Centre 020 8986 7437 You can also find out if you are eligible for FREE fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds. For more information go to: education.hackney.gov.uk/

**Early Help Family Support** If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide oneto-one support or direct you to where you can access relevant support. Please call Family Support **Monday to Friday**,

9am– 4.30pm on 020 8525 7040.

Speech & Language initial assessment (CATCH)

If you are concerned about your child's speech, language or communication, you can attend a CATCH Initial Assessment. Appointment only. Email: huh-tr.sltinfo@nhs.net or call 020 7683 4262 for more information. 1st Tuesday of the month at Daubeney Children & Family Hub 2nd Tuesday of the month at Wentworth Children's Centre

#### Childminder Network Clapton Park Children's Centre Contact Grace on 020 8986 7441 or 07810856321

### **Useful Links**

Homerton Maternity Helpline 020 8510 5955 Available every day from 10am–6am huh-tr.homertoninfantfeeding@nhs.net homerton.nhs.uk/infant-feeding

#### NCT Infant Feeding 0300 330 0700 Available every day from 8am to midnight hackneyinfantfeeding.nct.org.uk

-----

Support for Dads Dads Who whatsapp group: 079 8460 1104 info@healthwatchhackney.co.uk

# Solihull approach to parenting Hackney 08081451893

SolihullApproachHackney@barnardos.org.uk Available on Monday - Friday 9-5 https://www.barnardos.org.uk/get-support

anya

24/7 Pregnancy, Parenting and Infant Feeding Support https://anya.health/parenting-support

