

# Gainsborough Children's Centre

Activity Timetable (Half term only) 16th February 2026 to 20th February 2026

Berkshire Road, E9 5ND

T: 020 8985 4622

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Stay &amp; Play</b> 9.30am - 11.30am (0 - 8 yrs) Drop in	<b>Speech and Language</b> 9.00am – 12.00pm Appointment only  <b>Sensory Play</b> 9.30am - 11.30am (0 - 8 yrs) Drop in	<b>First Steps 1.1 Consultation</b> 9.00am - 3.00pm Appointment only  <b>Baking with Joyce</b> 9.30am - 11.30am (0 - 8 yrs) Drop in	<b>Mini Movers 1.1 Consultation</b> 9.00am - 3.00pm Appointment only  <b>Registered Childminder's Group</b> 9.30am – 11.30am	<b>Arts and Crafts</b> 9.00am - 11.00am (0 - 8 yrs) Drop in  <b>Health Visitor Clinic</b> 10.00am – 3.00pm Appointment only
<b>First Steps 1.1 Consultation</b> 9.00am – 3.00pm Appointment only  <b>Health Visitor (Development Checks)</b> 9.30am – 3.00pm Appointment only	<b>Health Visitor Clinic</b> 9.30am – 12.30pm Appointment only  <b>Messy Play</b> 1.00pm – 3.00pm (0 - 8 yrs) Drop in	<b>Infant Breastfeeding</b> Drop in Session 10.00am - 11.30am Open to all  <b>Infant Breastfeeding</b> Black Mixed Heritage Mums 12.30pm - 2.00pm Appointment only	<b>Health Visitor</b> 11.30am – 3.30pm Appointment only  <b>Active Stay &amp; Play</b> 1.00pm - 3.00pm (0 - 8 yrs) Drop in	<b>Healthy Start Vitamins</b> FREE vitamins for pregnant women, new mums and Children under four.  Please call to book or enquire about all our sessions on 020 8985 4622
<b>Junk Modelling</b> 1.00pm - 3.00pm (0 - 8 yrs) Drop in		<b>Baking with Joyce</b> 1.00pm - 3.00pm (0 - 8 yrs) Drop in		<b>Mummy Meet Up</b> 11.30am - 1.00pm Please ask for more information