

Gainsborough Children's centre

Stay & Play Activity Timetable, 21st July - 22nd August 2025

Berkshire Road, E9 5ND

T: 020 89854622

Monday	Tuesday	Wednesday	Thursday	Friday
Messy Play 9.30am – 11.30am Drop in Session (0 - 8yrs)	Sensory Stay 'n' Play 9.30am – 11.30am Drop in Session (0 - 8yrs)	Cooking - with Joyce 9.30am – 11.30am Drop in Session (0 - 8yrs)	Childminder's Group 9.30am – 11.30am	Family outings 10am - 3pm Booking only 1 Aug - Olympic Park 8 Aug - Hampstead Heath 15 Aug - Mudchute Farm 22 Aug - Southend
Health Visitor (Development Checks) 9.30am – 11.30am Appointment only	Health Visitor Clinic 9.30am – 11.30am Appointment only	Breastfeeding Infant 10am - 11am Drop in Session	Health Visitor Clinic 1.30pm – 3.30pm Appointment only	
Active Stay 'n' Play 1pm – 3pm Drop in Session (0 - 8yrs)	Arts 'n' Crafts 1pm – 3pm Drop in Session (0 - 8yrs)	Oral Health (with a free gift) 20th August 1pm - 3pm Drop in Session (0 - 8yrs)		<p>Please call to book or enquire about our sessions on 0208 9854922</p> <p>Healthy Start Vitamins FREE vitamins for pregnant women, new mums and Children under four.</p>
		Interactive Storytelling 1pm - 3pm Drop in Session (0 - 8yrs)		