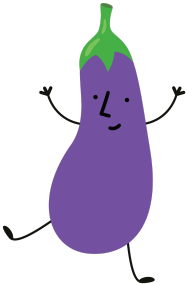




# Children & Family Hubs

Well Street Common & Hackney Marshes

## Activity Timetable

**Date:** April to July 2024

| VENUE  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|--|---|
| <p><b>Daubeney Children &amp; Family Hub</b></p> <p>103 Daubeney Road<br/>London<br/>E9 0EG<br/>T. 020 8525 7040</p> | <p><b>Eat Club</b><br/>10.00am –12.00pm<br/>From the 15th April<br/><i>Booking only</i></p> <hr/> <p><b>Sing &amp; Sign with Corin</b><br/>1.00pm –1.45pm<br/>From the 22nd April</p>  | <p><b>Wigglers &amp; Jigglers Under Ones Group</b><br/>10.30am –11.30am</p> <hr/> <p><b>Messy Stay &amp; Play session</b><br/>1.00pm –3.00pm</p>  <hr/> <p><b>Mini Movers (with Physiotherapist)</b><br/>10.30am –11.30am</p> <hr/> <p><b>Welcome to Daubeney C&amp;F Hub</b><br/>11.00am –11.30am<br/>Last Tuesday of the month<br/><i>Booking only</i></p> | <p><b>Health Clinic</b><br/>1.00pm –3.30pm<br/><i>Call 020 7683 4151/4695 to book a place</i></p> <hr/> <p><b>Infant Feeding Support Drop- In</b><br/>1.00pm –2.30pm</p> <hr/> <p><b>Starting Solids Workshop</b><br/>1.00pm –3.00pm<br/>15/05/2024 &amp; 19/06/2024<br/><i>Booking only</i></p> <hr/> <p><b>Understanding Food Labels Workshop</b><br/>1.00pm –2.30pm<br/>22/05/2024<br/><i>Booking only</i></p> <hr/> <p><b>Fussy Eating Workshop</b><br/>1.00pm –2.30pm<br/>05/06/2024<br/><i>Booking only</i></p> <hr/> <p><b>Healthy Food Swaps</b><br/>1.00pm –2.30pm<br/>03/07/2024<br/><i>Booking only</i></p> | <p><b>Baby Bells with Hartbeeps Drop-In (for non crawling age children)</b><br/>1.00pm –1.45pm<br/>From the 25th April</p>  <hr/> <p><b>Antenatal Clinic</b><br/>9.00am –4.00pm<br/><i>Appointment only</i></p> | <p><b>Baby Massage</b><br/>10.00am –11.30am<br/>Begins after May half term<br/><i>Booking only</i></p> <hr/> <p><b>PEEP - Learning Together Programme</b><br/>10.00am –12.00pm<br/>Begins after May half term<br/><i>Booking only</i></p> |

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## Activity Timetable

Date: April to July 2024

| VENUE   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|--|---|---|--|---|
| <b>Wentworth Children's Centre</b><br><br>Granard House<br>Bradstock Road<br>Hackney<br>E9 5BN<br>T. 020 8985 34912 | <b>Stay &amp; Play for under 4</b><br>9.30am –11.30am<br>-----<br><b>Antenatal Clinic</b><br>9.00am –4.00pm<br><br><br>-----<br><b>Baby and You</b><br>10.30am –12.00pm<br>08/04/2024 - 29/04/2024<br><i>Invitation only</i><br>-----<br><b>London Rhymes</b><br>10.30am –12.00pm<br>13/05/2024 –22/07/2024<br><i>Invitation only</i> | <b>Tiny Tots Time (0-12 months)</b><br>9.30am –11.30am<br>-----<br><b>Starting Solids Workshop with HENRY</b><br>9.30am –11.30am<br>09/07/2024<br><i>Booking only</i> | <br><br><b>Stay &amp; Play for under 4</b><br>9.30am –11.30am<br>-----<br><b>Baby Massage Course</b><br>10.00am –11.00am<br>01/05/2024 –22/05/2024<br>&<br>12/06/2024 –10/07/2024<br><i>Booking only</i> | <b>First Steps- Children's Mental Health &amp; Emotional Wellbeing</b><br>9.00am –4.00pm<br><i>Appointment only</i><br>-----<br><b>Tiny Tots Time (0-12 months)</b><br>9.30am –11.30am<br>-----<br><b>Baby Bells with Hartbeeps (for non-crawling age children)</b><br>10.30am –11.30am<br>Starts 25/04/2024<br>-----<br><b>Starting Solids Workshop with HENRY</b><br>9.30am –11.30am<br>09/05/2024<br><i>Booking only</i><br>-----<br><b>Stay &amp; Play for under 4</b><br>1.00pm –3.00pm | <b>Antenatal Clinic</b><br>9.00am –4.00pm<br>-----<br><b>Stay &amp; Play for under 4</b><br>9.30am –11.30am<br>(no session on 26/04/2024)<br>-----<br><b>Spring Walk in Victoria Park</b><br>9.30am –11.30am<br>26/04/2024<br>-----<br><b>Fussy Eater Workshop for Parents</b><br>9.30am –11.30am<br>19/04/2024<br><i>Booking only</i><br>-----<br><b>Music &amp; Movement and Outdoor Play</b><br>1.00pm –2.30pm<br>26/04/2024<br>–24/05/2024<br>-----<br><b>Community Cook &amp; Eat</b><br>1.00pm –3.00pm<br>07/06/2024–12/07/2024 |

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Well Street Common & Hackney Marshes

## Activity Timetable

Date: April to July 2024

| VENUE  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|---|
| <b>Gainsborough Children's Centre</b><br><br>Berkshire Road<br>Hackney<br>E9 5ND<br>T. 020 8985 4622 | <b>First Steps 1:1 Consultations</b><br>9.00am –3.00pm<br><i>Appointment only</i><br><br><b>Music with Corin</b><br>12.00pm –12.45pm<br><br><b>Active Stay and Play</b><br>10.30pm –11.30am  | <b>Sensory Stay &amp; Play</b><br>9.30am –11.30am<br><br>-----<br><b>Messy Play</b><br>1.30pm –3.30pm<br><br> | <b>First Step 1:1 Consultations</b><br>9.00am –3.00pm<br><i>Appointment only</i><br><br><b>PEEP - Learning Together Programme</b><br>9.15am –12.00pm<br>17/04/2024 - 22/05/2024<br><i>Booking only</i><br><br><b>Stay and Play</b><br>9.30am –11.30am | <b>Childminders' Group</b><br>9.30am –11.30am   | <b>Sleep Support</b><br>11.00am –12.00pm<br>26/04/2024<br><br>-----<br><b>Art &amp; Craft/ Stay &amp; Play</b><br>1.30pm –3.30pm<br><br>-----<br><b>HENRY 8 Week Programme</b><br><i>Booking only</i> |
| <b>Millfields Children's Centre</b><br><br>Elmcroft Street<br>Hackney<br>E5 0SQ<br>T. 020 8525 6410  | <b>Baby Massage Course</b><br>10.00am –11.30am<br><i>Booking only</i><br><br><b>Starting Solids Workop with HENRY</b><br>1.00pm –3.00pm<br>29/04/2024 &<br>10/06/2024<br><i>Booking only</i><br><br><b>Mini Movers</b><br>20/05/2024 &<br>15/07/2024<br>1.30pm –2.30pm | <b>Stay &amp; Play</b><br>10.00am –11.30am  | <b>Music &amp; Movement</b><br>10.00am –11.30am<br><br>-----<br><b>Baby Sign (best for 3 to 12 months)</b><br>1.30pm –2.30pm<br>No sessions on 17th April   | <b>Stay &amp; Play</b><br>10.00am –11.30am<br><br> | <b>Music &amp; Movement</b><br>10.00am –11.30am   |

# Children & Family Hubs

Well Street Common & Hackney Marshes



## Activity Timetable

Date: April to July 2024

| VENUE  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|---|--|--|---|
| <p><b>Clapton Park Children's Centre</b></p> <p>161 Daubeney Road<br/>London<br/>E5 0EP<br/>T. 020 8986 7437</p> | <p><b>Gardening Club</b><br/>10.30am –11.30am</p> <p>-----</p> <p><b>Sensory Play</b><br/>12.30pm –1.30am</p> <p>-----</p> <p><b>Sensory Toy Library</b><br/>1.30pm –2.00pm</p>  | <p><b>Play and Learn / Toy Library</b><br/>10.00am –12.00pm</p>                   | <p><b>Forest school Outdoor learning Drop-In</b><br/>10.00am –11.30am</p> <p>-----</p> <p><b>Childminder's Drop-In</b><br/>10.00am –12.00pm</p> <p>-----</p> <p><b>Sensory Toy Library</b><br/>1.00pm –1.30pm</p> <p>-----</p> <p><b>Sensory Play</b><br/>1.30pm –2.30am</p> | <p><b>Messy Play</b><br/>10.00am –12.00pm</p>   | <p><b>Under 18 months Session</b><br/>10.00am –12.00pm</p> <p>-----</p> <p><b>Baby Massage Course</b><br/>10.00am –10.45am<br/>19/04/2024–<br/>17/05/2024<br/><i>Booking only</i></p>   |
| <p><b>Morningside Children's Centre</b></p> <p>Chatham Road<br/>Hackney<br/>E9 6LL<br/>T. 020 8522 2400</p>      | <p><b>Messy Play/My Journey Drop-in</b><br/>9.00am –11.30am</p> <p>-----</p> <p><b>Baby Massage</b><br/>1.30pm –3.00pm<br/>22/04/2024 - 20/05/2024<br/><i>Booking only</i></p> <p>-----</p> <p><b>PEEP - Learning Together Programme</b><br/>1.00pm –2.30pm<br/>10/06/2024 - 15/07/2024<br/><i>Booking only</i></p> <p>-----</p> | <p><b>Tiny Tots/Soft play/ My Journey Drop-in session</b><br/>9.00am– 11.30am</p> | <p><b>Stay &amp; Play/ Mini Library &amp; Cloths Swap Drop-in session</b><br/>9.00am –11.30am</p>   | <p><b>Music with Double Bass Dan</b><br/>9.30am–10.00am<br/>&amp;<br/>10.15am –10.45am</p> <p>-----</p> <p><b>Toddler Yoga (8-16 months) 5 Weeks</b><br/>3.15pm– 4.15pm<br/>2/05/2024 –30/05/2024<br/>&amp;<br/>13/06/2024<br/>–11/07/2024<br/><i>Booking only</i></p> | <p><b>Infant Feeding Support</b><br/>9.00am –1.00pm<br/><i>Appointment only</i></p> <p>-----</p> <p><b>Baby Yoga (6-8 months) 5 Weeks</b><br/>10.00am –11.00am<br/><i>Booking only</i></p> <p>-----</p> <p><b>Baby Massage 5 Weeks</b><br/>11.30am –1.00pm<br/>3/05/2024 –7/06/2024</p> |

Working for every child

# Children & Family Hubs

## Activities & Support

### Contact us

#### Daubeney Children & Family Hub

020 8525 7040  
CFHUB@daubeney.hackney.sch.uk

#### Wentworth Children's Centre

020 8985 34912  
childrencentre@wentworth.hackney.sch.uk

#### Gainsborough Children's Centre

020 8985 4622  
admin@gainsborough.hackney.sch.uk

#### Clapton Park Children's Centre

020 8986 7437  
claptonpark@learningtrust.co.uk

#### Millfields Children's Centre

020 8525 6410  
ccinfo@millfields.hackney.sch.uk

#### Morningside Children's Centre

020 8522 2400  
centre@morningside.hackney.sch.uk

For a full programme of activities and services call the respective centre.

Or visit: [education.hackney.gov.uk/search/childrens-centres](https://education.hackney.gov.uk/search/childrens-centres)

### Childcare

For more information on childcare vacancies contact:

#### Wentworth Children's Centre or Clapton Park Children's Centre

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds. For more information go to: [education.hackney.gov.uk/](https://education.hackney.gov.uk/)

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### Clothes for children drop-in

Bring clothes and swap clothes. The last Friday of each month, from 10.30am - 12pm, at **Daubeney Children & Family Hub**.

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### Forest School Drop-In Sessions

If attending for the first time, please send us an email at [booking.education@hackney.gov.uk](mailto:booking.education@hackney.gov.uk). For more information, please visit [hackneyforestschool.co.uk/web/drop-ins](https://hackneyforestschool.co.uk/web/drop-ins)

#### Clapton Park Children's Centre

Wednesday (term time only)  
10.00am - 11.30am  
£25 for 6 sessions

### Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support at **Daubeney Children and Family Hub**

Monday-Friday, 9am - 4.30pm



Call **020 8525 7040**

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### Rose vouchers

To find out if you are eligible for rose vouchers for **FREE** fruit & vegetables, please contact **Daubeney Children & Family Hub**.



## Healthy Start vitamins

**FREE** vitamins for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins Monday-Friday 9am –4pm from **Daubeny Children & Family Hub**.



## Infant Feeding & Breastfeeding Support Drop-in

Wednesdays 1pm – 2.30pm at **Daubeny Children & Family Hub**.

## Citizens advice

For support, advice, information on wellbeing, welfare and benefits.

Tuesdays, 10am –1pm at **Daubeny Children & Family Hub**.

Call **020 8525 7040** to book.

## Shelter Housing Support

1st Wednesday of the month

*Referral only*

## Talking Walk-In initial assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment.

Appointment only. Email [huh-tr-sltinfo@nhs.net](mailto:huh-tr-sltinfo@nhs.net) or call **020 7683 4262** for more information.

## Adult Learning Courses at Daubeny C&F, Wentworth, Clapton Park, Millfields, Gainsborough and Morningside Children's Centres:

- ESOL
- Preparing to work
- ICT - Basic Computer course
- Make & Do's/Sewing
- English GCSE Course
- First Aid workshop
- Starting Solids workshop
- Fussy Eating workshop
- Healthy Food Swaps workshop
- Understanding Food Labels workshop
- Understanding your Child's behaviour (Solihull approach)
- Baby Massage
- Cake decorating
- Pottery class

For more information call **Daubeny Children and Family Hub** or email [nsamji@blossom.hackney.sch.uk](mailto:nsamji@blossom.hackney.sch.uk)