

# Linden Children & Family Hub

Activity Timetable April - June 2026

86-92 Rectory Road, London, N16 7SH

T: 020 7254 9939

Email: [Lindencfh@hackney.gov.uk](mailto:Lindencfh@hackney.gov.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>HENRY Starting Solids</b> 10am–12pm 3rd Monday of the month Booking required</p> <p>-----</p> <p><b>Baby First Aid</b> 10am-12pm 22<sup>nd</sup> June Booking required</p>	<p><b>Messy Play (0-5 years)</b> 9.30am–11.30am</p> <p>-----</p> <p><b>Weigh &amp; Play</b> 9.30am–11am</p>	<p><b>Baby Club 0-12 month</b> 9.30am-11am</p>	<p><b>CATCH – Communication Assessment Together with Carers in Hackney</b> 9.30am– 11am 3rd Thursday of the month Appointment only</p>	<p><b>Messy Play (0–5 Years)</b> 9.30am–11.30am</p> <p>-----</p> <p><b>Book Start/ Book Library (0–5 Years)</b> 1pm–3pm</p>
<p><b>Welcome to the Centre</b> 10.30am-12pm 18th May 13th July</p>	<p><b>Coffee Morning/Parent Carer Forum</b> 10am-11.30am 16th June</p>	<p><b>Peep</b> 10am-11am 3rd June - 8<sup>th</sup> July Booking required</p>	<p><b>Childminders Drop In</b> 10am-12pm (Term time)</p>	<p><b>NCT Breastfeeding &amp; Infant Feeding Drop In</b> 1pm–2.30pm</p>
<p><b>Stay &amp; Play - Rhyme Time (12-24 months)</b> 1pm-3pm</p>	<p><b>Baby Steps Workshops</b> 1pm-2.30pm 28<sup>th</sup> April, 26th May 23<sup>rd</sup> June Booking required</p>	<p><b>Baby Steps One to One Session (0-2 years)</b> 11am–1pm Booking required</p>	<p><b>Coffee Morning/Parent Carer Forum</b> 1pm-2.30pm 7th May</p>	
<p><b>Heuristic Play (12-24 months)</b> 1pm-3pm Last Monday of the month</p>	<p><b>Stay &amp; Play - Music &amp; Movement (0-5 years)</b> 1pm-3pm</p>		<p><b>Sensory Play (SEND Group for 0-5 years)</b> 1.30pm–3pm Booking required</p>	

# Brook @ Pembury

Activity Timetable April - June 2026

Pembury Community Centre, Atkins Square, E8 1HL  
T: 020 3828350

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All sessions at Pembury Community Centre are postponed until further notice.</p>				
				

# Comberton Children's Centre

Activity Timetable April - June 2026

10 Comberton Road, London, E5 9PU

T: 020 8356 1215

Email: [Comberton.admin@hackney.uk](mailto:Comberton.admin@hackney.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Baby Soft Play</b> (0-24 months) 9.30am-11.30am</p>		<p><b>CATCH Clinics- Speech &amp; Language</b> 9.30am-12.30pm Appointment only</p>	<p><b>Tania's Storytime</b> (0-5 Years) 10.30am-11.15</p>	<p><b>Soft Play</b> (2-5 Years) 9.30am-11.30am</p>
<p><b>Mini Movers</b> 10am-11am 1<sup>st</sup> June</p>		<p><b>Baby Massage</b> 10am-11.30am 13th May - 17<sup>th</sup> June Booking required</p>		<p><b>Stay &amp; Play (0-5 Years)</b> 1pm-3pm</p>
<p><b>Music Session 0-5</b> 1pm-1.45pm 2pm-2.45pm</p>		<p><b>Stay &amp; Play - Music &amp; Movement (0-5 Years)</b> 1pm-3pm</p>		
				

# Fernbank Children's Centre

## Activity Timetable April - June 2026

1A Fountayne Road, London, N16 7EA

T: 020 8806 6622

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Music and Movement with Ola at Clapton Library 11am-12pm 2nd Monday of the month</p>	<p>Stay &amp; Play - Sing &amp; Sign 9.30am-12pm</p>	<p>Messy Play 10am-11.45am</p>	<p>Baby Massage 10am-11.30am 5 week course Starting 5th April Booking required</p>	<p>Artburst Boogie 10.30am-11am</p>
<p>Parent Support Group 10am-12pm 3<sup>rd</sup> Monday of the month Appointment only</p>	<p>Baby Yoga 1.30pm-3pm Booking Required</p>			
				

# Ihsan Children's Centre

## Activity Timetable April - June 2026

66-68 Cazenove Road, London, N16 6AA

T: 020 8806 1147 EXT.3

Email: Admin@ihsancc.org.uk

Monday	Tuesday	Wednesday	Thursday	Friday
ICT Class Entry Level 1 & 2 12.45pm-3pm	Stay & Play - Outdoor Messy Play (0-5 years) 9.15am-11.45am	Stay & Play - Little Chefs (0-5 years) 9.15am-11.45am	Stay & Play - Fun with Sounds (0-5years) 9.15am-11.45am	Stay & Play with The Garden Classroom at St Mary's Garden (opposite Clissold Park) (0-5years) 10am-11.30am
Baby Sensory Group (1-12 months) 12.45pm-2.15pm	Baby Steps Workshops 1pm-2.30pm -12th May -19th May -9th June Booking required	Peep 1Pm-2pm 3rd June - 8 <sup>th</sup> July Booking required	Baby Clinic & Infant Feeding Support 9.15am-12pm 30 <sup>th</sup> April 21 <sup>st</sup> May Booking required	
Infant Feeding Support Group 1.15pm-2.15pm Every For (Breastfeeding) Muslim mums, with Homerton Health Visitors		Chill & Chat session for Sisters from the Bangladeshi Community 1pm-2.30pm 22nd April 13th May Booking required	Stay & Play - Toddler afternoon (12-24 months) 1pm-2.30pm Term time only	
				

# Hackney Downs & Clissold Park Neighbourhood

## Activity Timetable April - June 2026

### Childcare

**Linden, Comberton, Fernbank and Ihsan** have childcare vacancies in our early years settings. Please contact us for more information.

You can also find out if you are eligible for FREE fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to [education.hackney.gov.uk/](http://education.hackney.gov.uk/)

**Please call the centre to book a nursery tour.**

### Early Help

If you would like support with family life, setting routines and boundaries, budgeting and other issues, speak to someone in the Early Help team. They can provide one-to-one support or signpost you to where you can access relevant support.

Please call the Early Help team at Linden Children & Family Hub on **020 7254 9939 Monday–Friday 9am–5pm**



### Citizens Advice

For support, advice, information on wellbeing, welfare and benefits.

**Every Monday 10am-1pm**

**Every Friday 10am-1pm**

To book an appointment please call Linden Children & Family Hub on **020 7254 9939**

### Shelter Housing Support

Supporting families in Hackney who are homeless or at risk of being homeless.

**Every Tuesday 9.30am-12.30pm**

To book an appointment please call Linden Children & Family Hub on **020 7254 9939**

### Coffee Morning/Parent Carer Forum

We are looking for diverse representatives to ensure our services reflect the needs of our entire community.

Get involved in our Parent Forum:

**Thursday 7<sup>th</sup> May 2026 1pm-2.30pm** at Linden Children & Family Hub

**Tuesday 16<sup>th</sup> June 2026 10am-11.30am** at Linden Children & Family Hub

Light refreshments available

### Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from **Linden Monday–Friday 9am–5pm or Ihsan Monday-Friday 9am-3pm**

### Baby Steps Workshop

Do you have a child aged 0-2 years? Join our workshops, covering a range of topics, challenging behaviour, brain development, crying and sleeping.

### Linden Children & Family Hub

-Tuesday 28<sup>th</sup> April - Biting & Challenging Behaviour

-Tuesday 26<sup>th</sup> May - Tears & Tantrums

-Tuesday 23<sup>rd</sup> June - Fathers: Celebrating the special relationship

### Ihsan Children's Centre

**Tuesday 12<sup>th</sup> & 19<sup>th</sup> May and 9<sup>th</sup> June**

Call on 020 88061147 ext. 3 to book onto the workshops on:



# Hackney Downs & Clissold Park Neighbourhood

## Activity Timetable April - June 2026

### Preloved Children's Clothing

Drop in to Linden Children & Family Hub and Comberton Children's Centre every Wednesday and help yourself to preloved children's clothing aged 0 - 5 years.

### Baby Steps One to One Session:

To promote positive early relationships and good mental wellbeing for babies and their families. We offer practical support and advice to parents and carers of babies aged 0-2 without the need for a referral to CAMHS.

If you would like to speak with someone 1 to 1 about any aspect of parenting a baby or the emotional impact of becoming a parent itself please request a drop-in appointment through centre staff.

**Every Wednesday 11am - 1pm**

### Adult Learning Courses and Training in Hackney Down's & Clissold Park Neighbourhood

#### Linden

**Peep:** Starting Wednesday 3rd June 2026  
10am- 11am

#### Comberton

**English Entry Level 3**  
Mondays 10am-12pm

**English Level 2 for Apprenticeships**  
Tuesdays 10am-12pm

#### Ihsan

**ICT**  
Monday 12.15pm-3pm

**For more information on all other courses please contact Linden Children & Family Hub on 020 7254 9939**



### Events/Trips

#### Walk to School Week Family Walk in the Park

##### Wednesday 20th May

Meeting point Linden at **10am** and then walk over to Hackney Downs for an interactive walk around the park.

#### Volunteer Recruitment Event

Linden Children & Family Hub  
**Friday 12th June 10am-12pm**

#### Fathers Day Special: Stay & Play Family

Linden Children & Family Hub  
**Saturday 20<sup>th</sup> June 11am-1pm**

#### Sports Day/Funday

Hackney Downs Park by the play area  
**Thursday 2nd July**  
**10am-11.30am and 1pm-2.30pm**

**Please book to attend any of the events above**