

### **Woodberry Down**: Activity Timetable

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Woodberry Down Children & Family Hub Spring Park Drive N4 2NP T. 020 8815 3270	<b>Midwifery</b> 9am - 5pm	<b>Midwifery</b> 9am - 5pm	<b>Midwifery</b> 9am - 5pm	<b>Midwifery</b> 9am - 5pm	<b>Midwifery</b> 9am - 5pm
	Strengthening Families Strengthening Communities 8 January - 29 April 2024 9.30am - 12.30pm  First Steps 9am - 5pm	Rose Vouchers 9am - 5pm	ICT - Entry 3 Essential Digital Skills 10am - 1pm	Infant Feeding Support Drop-In 10am - 12pm	Health Visitors Clinic 1st & 3rd Friday of the month 9.30am - 12.30pm
		Level 1 Maths Booster 10am - 12.30pm	Shelter Housing Advice & Support Monthly dates TBC 10am - 1pm	Edge: Music & Movement  Edge Youth Hub, N4 1SN  Term-time only 10am - 11.30am	1st Friday (Heron Practice) 3rd Friday (General)
		Citizens Advice Bureau 10am - 1pm			Clothes for Children Drop-in Last Friday of the Month 10.30am - 12pm
				80 N D	Baby Massage With Enza 5-week course- call to book 10am-11.30am

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Woodberry Down Family Hub Spring Park Drive N4 2NP T. 020 8815 3270	Under 1's Group Term time only 1.30pm - 3pm	Maths- Level 1, Maths Level 2/3 1pm - 2pm	Music & Movement  Term time only  1.30pm - 3pm		
Hillside Children's Centre 1 Leatherhead Close, Holmleigh Rd N16 5QR T. 020 8800 7325	ESOL - Entry 1 9.30am - 11.30am	ESOL - Entry 2 9.30am - 11.30am  Baby Massage 5-week course 1pm - 2.30pm  call to book a place  Talking Walk-in Clinic 3rd Tuesday of the month 12pm - 3pm  Appointment only	Childminding: Support for Childminders 3rd Wednesday of the month 9.45am - 11.45am	Baby Yoga with Karen 10.30am - 11.30am  SEN Parents Group Drop-In Once a month 1pm - 2.30pm  Call 020 8815 3270 for more information	CHILDREN & FAMILY HUB

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Oldhill Children's Centre Oldhill St, N16 6LR	Level 2 Maths Booster 10am - 1pm	ICT- Essential Digital Skills 10am - 1pm	Rose Vouchers 9am - 5pm	<b>Zumba</b> 10am - 1pm Creche provided	Antenatal and Postnatal Clinic 8.30 - 5.30pm
T. 020 8806 4130	Infant Feeding Support Drop-in 10am - 12pm	Stamford Hill Library Stay and Play Term time only 10am - 12pm and 12.45pm - 2.30pm  Stamford Hill Library Stay and Play Term time only 10am - 12pm  ICT- Level 1 Essential	Baby Massage with Enza 10am - 11.30am  Call to book a place 07939 301 940	ESOL Conversation 9.30am - 12pm Creche provided  Sewing 1pm - 3pm Creche provided	Appointment only  Citizens Advice Bureau 10am - 12.30pm  HENRY 8-Week Programme 26 January - 22 March 10am - 12.30pm Creche provided  Call to 020 8806 4130 or 07939 301940 to book a
		<b>Digital Skills</b> 2pm - 4pm			place

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Clissold One o'clock Club Clissold Park	Childminding – Support for childminders	<b>Under 1's Group</b> 10am - 11.30am	Messy Play 10am - 12pm Term-time only	Stay & Play 1pm - 3pm	Rhyme Time 10am - 11.15am
Stoke Newington Church St, N16 9HJ T. 020 8809 6700	2nd & 4th Monday of the month 10am - 11.30am  Stay and Play 1pm - 3pm	Stay and Play 1pm - 3pm	Stay and Play 1pm - 3pm		Stay & Play 1pm - 3pm

### **Activities & Support**



For support, advice, information on wellbeing, welfare and benefits.

Woodberry Down Children & Family Hub on *Tuesdays*, 10am-1pm. Call 020 8815 3270 to book.

Oldhill Children's Centre on Fridays, 10am-12.30pm. Call 020 8806 4130 to book

# Infant feeding & breastfeeding support

Drop-In

Oldhill Children's Centre on Mondays from 10am-12pm

Woodberry Down Children & Family Hub on Thursdays from 10am-12pm



#### Childcare

For more information on childcare vacancies contact:

Woodberry Down Children and Family Hub 020 8815 3270 woodberrycfh@hackney.gov.uk

Hillside Children's Centre 020 8800 7325 admin@oldhill.hackney.sch.uk

Oldhill Children's Centre 020 8806 4130

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to education.hackney.gov.uk

#### **Preloved Children's Clothing**

Bring clothes and swap clothes. The *last Friday* of each month at Woodberry Down Children & Family Hub, 10.30am-12pm.



## **↔** Hackney

#### **Family support**

If you would like support with family life, finances and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support Monday-Friday, 9am - 5pm at Woodberry Down Children & Family Hub and Oldhill Children's Centre.

#### **Rose vouchers**

To find out if you are eligible for rose vouchers for FREE fruit & vegetables, please contact Woodberry Down Children & Family Hub, Oldhill Children's Centre or Jahcinta on 07939 301940

## **Hackney**

### **Activities & Support**

#### **Healthy Start vitamins**

FREE vitamins for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from Woodberry Down Children & Family Hub and Oldhill Children's Centre, Monday-Friday, 10am - 5pm



#### HENRY

8-Week Programme at Oldhill Children's Centre, Fridays (26 January - 22 March 2024), 10am-12.30pm



Creche provided

Call 020 8806 4130 or 07939 301940 to register

## Home Safety Equipment for Parents with Under 5's

If you are on a low income and receiving benefits, contact us to see if you are eligible for free equipment at Woodberry Down Children & Family Hub or Oldhill Children's Centre.



## Adult Learning Courses at Hillside, Oldhill & Woodberry

- **ESOL** Entry 1&2
- ESOL Conversation
- ICT Essential Digital Skills L1, L3
- Maths Maths Booster Entry L2/3,
   Maths Booster L1, Maths Booster L2
- Maths Functional Skills Ent L2/3, L1, L2
- Sewing

For more information call 020 8356 5055.

## Talking Walk-In initial assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment.

Email: hello@get-hackney-talking.local or call: 020 7683 4262 for more information.

Appointment only.