

# Woodberry Down Children & Family Hub

Stay & Play Activity Timetable: April to July 2025

Spring Park Drive, N4 2NP

Tel: 020 8815 3270

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>First Steps</b> <b>9am-5pm</b>	<b>Stay &amp; Play with Toy Library</b> <b>9.30am-11.30am</b>	<b>Edge: Music &amp; Movement</b> <b>Edge Youth Hub</b> <b>N4 1SN</b> <b>Term Time Only</b> <b>10am-11.30am</b>	<b>NCT Breastfeeding &amp; Infant Feeding Drop In</b> <b>10am-11.30am</b>	<b>Stay &amp; Play</b> <b>9.30am-11.30am</b>	<b>Step into Music Under 1's Session</b> <b>Term Time Only</b> <b>10am -10.45am</b>
<b>Under 1's Group</b> <b>Term Time Only</b> <b>10am-11.30am</b>	<b>Stay &amp; Play with Toy Library</b> <b>12.30pm - 2.30pm</b>	<b>Stay &amp; Play - Messy Play</b> <b>Term-Time Only</b> <b>1pm-3pm</b>	<b>Baby Massage with Enza</b> <b>5 week course</b> <b>10am-11.30am</b>  <b>To book please call:</b> <b>0208 815 3270</b>	<b>Health Visitors Clinic</b> <b>1st &amp; 3rd Friday of the month</b> <b>9am-12.30pm</b>	<b>Step into Music Over 1's Session</b> <b>Term Time Only</b> <b>11am-11.45am</b>
	<b>Barnardos Parent Workshop: Understanding Baby</b> <b>10am - 11.45am</b> <b>Starting 22nd April 2025</b>				
					<b>Join us on Instagram</b> <b>WOODBERRYDOWNCFH</b>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Stay &amp; Play 1pm-2.30pm</p> 	<p>CATCH Clinic 3rd Tuesday of the month 12pm-3pm Appointment Only</p>	<p>Baby Massage with Karen 5 week course 1.30pm-3.00pm</p> <p><u>To book please call 020 8815 3270</u></p> 	<p>Infant Feeding Support Drop In for Jewish Mums 10am-11.30am</p> <p><u>To book please call: 020 8815 3270</u></p>	
	<p>Stay &amp; Play - Messy Play 12.30pm-2.30pm</p>		<p>Baby Yoga Drop In with Karen 10.30am-11.30am</p>	
			<p>Infant Feeding Support 12.30pm-2pm</p> <p><u>To book please call: 020 8800 7325</u></p>	
			<p>Group for Parents/Carers of Children with Additional Needs Once a month: 24.04.2025 22.05.2025 19.06.2025 From 1pm-2.30pm</p>	<p>Join us on Instagram</p>  <p>WOODBERRYDOWNCFH</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Stay &amp; Play</b> 9.30am-11.30am</p>	<p><b>Stay &amp; Play with Toy Library</b> 1pm-3pm</p>	<p><b>Baby Massage with Enza</b> 5 week course 10am-11.30am</p> <p><u>To book please call:</u> <b>0208 815 3270</b></p>	<p><b>Zumba</b> 9.45am-10.45am</p> <p><u>To book a creche place</u> <u>please call: 020 8815 3270</u></p>	<p><b>Antenatal &amp; Postnatal Clinic</b> 8.30am -5.30pm</p> <p><u>Appointment Only</u></p>
			<p><b>Jewellery Making Workshop</b> 10am -12pm</p> <p><u>To book a creche place</u> <u>please call: 020 8815 3270</u></p>	<p><b>Step into Music</b> Term Time Only 1pm-2.30pm</p> 
		<p><b>NCT Breastfeeding &amp; Infant Feeding Drop In</b> JuMP 12pm-2pm</p>	<p><b>Sewing Club</b> 1pm-3pm</p> <p><u>To book a creche place</u> <u>please call: 020 8815 3270</u></p>	
			<p><b>Barnardos Parent Workshop</b> Understanding Children 10am - 11.45am Starting 24th April 2025</p>	<p><b>Join us on Instagram</b></p>  <p>WOODBERRYDOWNCFH</p>

# Clissold One O'Clock Club

Clissold Park, Stoke Newington Church St, N16 9HJ

## Stay & Play Activity Timetable: April to July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Childminding Support for Childminders 10am-11.30am</p> <p>Every 2nd &amp; 4th Monday of the month</p>	<p>Baby Massage with Nicole 5 week course 9.30-10.30am</p> <p><u>To book please call:</u> <u>0208 815 3270</u></p>	<p>Stay &amp; Play - Messy Play 10am-12pm</p>	<p>HENRY - Starting Solids Parent workshop 10am-12pm Next workshop: 01.05.2025</p>	<p>Rhyme Time 10am -11.15am</p>
	<p>Infant Feeding Support Group Drop In 10.30am-12pm</p>			
	<p>Under 1's Group 10.45am-12.15pm</p>			<p>Join us on Instagram</p>  <p>WOODBERRYDOWNCFH</p>
<p>Stay &amp; Play 1.30pm- 4pm</p>	<p>Stay &amp; Play 1.30pm- 4pm</p>	<p>Stay &amp; Play - Outdoor Play &amp; Learning 1.30pm-4pm</p>	<p>Stay &amp; Play 1.30pm-4pm</p>	<p>Stay &amp; Play 1.30pm- 4pm</p>

# Woodberry Wetlands and Springfield Park Neighbourhood

## Stay & Play Activity Timetable: April to July 2025

### Contact us

Hillside Children's Centre

020 8800 7325

Oldhill Children's Centre

020 8806 4130

Woodberry Down Children's Centre

020 8815 3270

Lubavitch Children's Centre

020 8809 9050

For a full programme of activities and services, call the respective centre. Or visit: [education.hackney.gov.uk/search/childrens-centres](https://education.hackney.gov.uk/search/childrens-centres)

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### Healthy Start Vitamins

**FREE vitamins** for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from reception Monday–Friday, **10am–5pm**.

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### Parent Carer Forum

**We're looking for representatives to ensure our services reflect the needs of our entire community.**

**If you are interested in shaping the service please contact Jahcinta on 07939 301 940 for further details.**

### Childcare

We have childcare vacancies in our early year's settings. Please contact us for more information.

#### Woodberry Down Children & Family Hub:

**020 8815 3270**

[woodberrycfh@hackney.gov.uk](mailto:woodberrycfh@hackney.gov.uk)

#### Hillside Children's Centre

**020 8800 7325**

#### Oldhill Children's Centre

**020 8806 4130**

[admin@oldhill.hackney.sch.uk](mailto:admin@oldhill.hackney.sch.uk)

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to [education.hackney.gov.uk/](https://education.hackney.gov.uk/)

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### Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support on **020 8815 3270**.

Monday–Friday, 9am–5pm

### Further Information:

#### Welcome to the Centre

Are you new to the area or just had a baby and want to know more about your local Children & Family Hub then please join us for a tour of the Centre and for further information on the services we deliver.

#### Upcoming Parenting Courses

We have a range of parenting programmes across the different Centre's in the neighbourhood starting soon.

- Triple P Baby- Positive Parenting
- Solihull - Understanding pregnancy
  - Understanding Baby
  - Understanding child
- HENRY - Starting Solids
- EPEC - BAP - Being a Parent
- First Aid

For further information please contact our admin team at Woodberry Down Children & Family Hub on 020 8815 3270

#### HENRY

HENRY's peer support service works with pregnant women, and mothers with children 0-2 years, to share practical tips, emotional support and signposting to local services in City & Hackney.

**The Peer Support helpline number is: 020 8135 9228**