

Children & Family Hubs

London Fields & Shoreditch Park

Activity Timetable

Date: September to December 2024

| VENUE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|---|
| <p>Ann Tayler Children & Family Hub 1-13 Triangle Road E8 3RP T. 020 7275 6020 ataylercfcfh@hackney.gov.uk</p> | <p>First Steps 9:00am – 5:00pm By appointment ----- Steps into Music 0 – 18mths 10:00am – 10:30am 2 – 5 years 10:45am – 11:15am 0 – 5 years 11:30am – 12:00pm ----- Stay & Play Drop-In 0-5 years 10:00am – 11:45am 1:30pm – 3:30pm</p> | <p>Toy Library at Hackney Central Library 10:00am – 11:45am ----- Stay & Play Drop-In 0 - 5 years 10:00am – 11:45am 1:30pm – 3:30pm ----- Tiny Toes Infant Feeding Drop-In (0-6 months) 1:00pm – 2:30pm</p> | <p>Rollers and Crawlers Drop-In 0-1 years 10:30am – 12:00pm ----- Baby Bells 0- crawling 1:45pm – 2:30pm 06/11/24 – 11/12/24 ----- Welcome to your C&F Hub Last Wednesday of every other month 11.00am – 12.30pm By appointment</p> | <p>First Steps 9:00am – 5:00pm By appointment ----- Child Health Clinic 9:30am – 12:00pm Booking only ----- Registered Childminders Drop-in 0-5years 10:00am – 11:45am ----- Stay & Play Drop-In 0-5 years 1:30pm – 3:30pm</p> | <p>Toy Library and Stay & Play Drop-In 0-5 years 10:00am – 11:45am ----- 8/27 Months Developmental Checks 9:30am – 4:00pm Booking only ----- Complex Feeding Clinic 9:00am – 1:30pm By appointment & referral only</p> |
| <p>Sebright Children's centre Haggerston Park Queensbridge Road E2 8NP T. 02077491210</p> | <p>Registered Childminders Drop-in 0-5years 10:00am – 12:00pm</p>  | <p>Infant Feeding Booking only 10:00am – 1:30pm ----- Baby Bells 10:00am – 11:45am 05/11/24 – 10/12/24</p> | <p>Child Health Clinic 9:30am – 12:00pm Booking only</p>  | <p>Stay & Play Drop-In 0 - 5 years 10:00am – 11:45am</p>  | <p>Steps into Music 0 – 5 years 10:00am – 10:45am 0 – 18mths 11:00am – 11:45am</p>  |

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| <p>Mapledene & Queensbridge Children's Centre</p> <p>54, Mapledene Road, Hackney E8 3LE Tel: 020 7249 8139</p> <p>Miza.Myers@mapledenecc.co.uk</p> <p>Pamela.Phipps@mapledenecc.co.uk</p>  | <p>Messy Play with Physical Literacy 0-5 year olds 9.00 am - 11.30 am</p> <hr/> <p>First Steps (Referral only) 10 am – 6 pm</p> <hr/> <p>Stay & Play with Book Library 0-5 year olds 1.00 pm – 3.00 pm</p> <hr/> <p>Let's get healthy with HENRY (8 weeks) 1.00 pm – 3.30 pm From 07/10/24 – 02/12/24. Please book a space, crèche available</p> <hr/> <p>Bring fresh fruits to share with others during our Messy play session (1st Monday of every month).</p> | <p>£1 donation for these sessions Music and Movement 0-2 years 9:00 am – 10.15 am 2-5 years – 5 years 10.15 am – 11.00am Snack time 11.00am – 11.30am</p> <hr/> <p>First Steps (Referral only) 10am – 6pm</p> <hr/> <p>Understanding your child: Solihull Approach (0-5 years) 10.00 am - 12.00pm Every Tuesday from 17/09/24-03/12/24. Booking only. Crèche available.</p> <hr/> <p>Functional Skills English Level 1 1.00pm - 3.00pm</p> | <p>Little Cooks 0-5 year olds 9.00 am – 11.30 am</p> <hr/> <p>Bookstart Corner (12 to 24 months) 1.30 pm – 2.30 pm By appointment only</p> <hr/> <p>Functional Skills English Level 1 1.00pm -3.00pm</p> <hr/> <p>Women's Trust (Referral only) 9.00am - 5.00pm</p> <hr/> <p>Alive and Kicking Football Library Borrow a football for free Please call to speak to a member of staff</p>  | <p>Under 18 months Drop-in with Sing & Sign 10.00 am – 11.30 am</p> <hr/> <p>Getting Ready for School (early literacy workshop) For parents & their 3-4 year old children 9.00am - 10.00am</p> <hr/> <p>Information, Advice & Guidance drop-in (Every 2nd Thursday of each month) 10am -11.30am</p> <hr/> <p>Stay and Play with Toy Library 0-5 year olds 1.00 pm – 3.00 pm</p> <hr/> <p>Bring in your unwanted clothes and swap them for items you love at our daily clothes swap.</p> | <p>Stay and Play with Bouncy & soft play 0-5 year olds 9.00 am – 11.30 am</p> <hr/> <p>Functional skills in Maths 10am – 12.30pm</p> <hr/> <p>Road safety awareness event on the 1st Friday of each month</p> <hr/> <p>Nia Project Referrals only 9.00 am – 5.00 pm</p> <hr/> <p>Are you having difficulty providing food for your family? If so, speak to a member of staff. Volunteers are always needed. Gain valuable work experience. Call Miza.</p> |

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| <p>Comet Nursery School and Children's Centre</p> <p>20 Halcomb Street, N1 5RF Tel: 02077499850</p> <p>Please bring fruit to share at Stay & Play sessions.</p>  | <p>Family Music & Movement 9.15am - 10.00am over 18 months</p> <p>under 18 months 10.15am-11.00am</p>  <p>Little Green Fingers 1.00pm-2.45pm A hands-on experience in the natural environment</p> | <p>Stay and Play 9.30am - 11.30am A selection of fun activities for you and your child to explore</p> <hr/> <p>Messy Play 1.00pm - 2.45pm Roll up your sleeves, it's time to explore texture, smell and messy creative play m</p>  | <p>Kitchen Club 9.30am - 11.20am Come prepare and eat a delicious meal using fresh, low-cost ingredients</p> <hr/> <p>Hackney Ark Drop-In 9.30am - 11.30am Free support for parents/carers of children with health or developmental needs.</p> <hr/> <p>Story and Rhyme Time Stay and Play 1.00pm - 2.45pm Fun activities inspired by stories and songs</p> | <p>Explore with baby 9.30am - 11.30am Pre-walkers only Stimulating sensory activities for you and your baby to explore</p>  | <p>Active Stay and Play 9.30am - 11.20am A selection of activities designed to develop your child's physical skills through fun play and learning</p> <hr/> <p>One O'Clock Baby Club (Pre-walkers only) 1.00pm - 2.45pm A session filled with wonderful sensory experiences for babies and adults to enjoy.</p> |

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| Comet @Thomas Fairchild Children's Centre Cropley Street N1 7HT Tel: 07766547679 | Little Green Fingers 9.30am - 11.30am A hands-on experience in the natural environment. | Explore with Baby 9.30am - 11:30am Pre-walkers only | Tiny Tots with soft play 9.30am - 11.30am 18 months and under A safe and challenging physical play session for your little one to explore. | Story & Rhyme Time with stay & play 9.30am to 11.30am Storytelling, role play and rhymes. | Stay and Play 9:30am - 11:30am & 1pm - 2.30pm | |
| | ----- Baby Massage 10:00am – 11:30am Booking required |  | ----- Stay and Play with My Journey 1pm-3pm Come and celebrate your little one's achievements. | ----- Stay and Play 1pm - 3pm | No session last Thursday of the month | ----- BabyBeeps (6-18 months) 1:30pm – 2:15pm 15/11/24 – 13/12/24 |
| | ----- Enhanced Health Visiting Infant Feeding Drop In 10am -11.30am 12.30pm - 2pm (Turkish parents) |  |  |  | ----- Cook & Eat 1pm - 3pm Prepare, cook or bake yummy, healthy treats/ meals. | ----- CATCH - Communication Assessment Together with Carers in Hackney Invitation Only Thursdays 26th September 31st October 28th November 19th December |
| ----- Messy Play 1pm - 3pm | | | | | | |

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| <p>Minik Kardes Children's Centre Parent/Child sessions with Turkish speaking practitioners.</p> <p>53-55 Balls Pond Rd, London N1 4BW</p> <p>Tel: 020 7923 7226</p> | <p>For more information and bookings call:</p> <p>Zeynep A: 07855129760</p> <p>Dilek: 07894247711</p> <p>Zeyno: 07918045614</p> <p>Günsu: 07342831552</p> <p>Ozge: 07384692566</p> <p>Sevil: 07792202108</p> | <p>Rose Voucher and Healthy Start Voucher Contact Zeynep Y & Zeyno & Gunsu Venue: Minik Kardes Office</p> <p>-----</p> <p>First Aid for Parents with babies under 5 months</p> <p>12th November 2024 10:00am – 12:00pm</p> <p>3rd December 2024 12.30pm – 2:30pm Booking only - limited spaces</p> <p>Venue: Ann Tayler Children and Family Hub</p> | <p>Henry Parenting Course (8 weeks)</p> <p>2nd October 2024 10:00- 12:30 Contact DILEK & GUNSU</p> <p>Venue: Forest Rd Hub With Creche</p>  | <p>Art for Wellbeing Term time all year</p> <p>From 19th September 2024 10:00-12:00</p> <p>Contact DILEK & GUNSUR</p> <p>Venue: Forest Road Hub</p> <p>-----</p> <p>Breastfeeding Support</p> <p>Weekly support between 2-3pm Available online or face-to-face Contact Dilek</p> | <p>Stay and Play Term time only</p> <p>From 13th September 2024 10:00- 12:00</p> <p>Venue: Forest Road Hub</p> <p>Contact OZGE, ZEYNEP & ZEYNO</p>  |

Children & Family Hubs

Citizens Advice

For support, advice, information on wellbeing, welfare and benefits.

Mapledene children's centre

on 1st Wednesdays *10:00am - 1:00pm*. Call to book.

Ann Tayler Children & Family Hub

on 2nd, 3rd, and 4th Wednesdays *10:00am - 2:00pm*. Call to book.

Antenatal & Postnatal Clinic

Ann Tayler Children & Family Hub

Monday, Tuesday, Wednesday and Friday from *8:30am - 5:00pm*.

Childcare For more information on childcare vacancies contact:

Ann Tayler Children & Family Hub on **020 7275 6020** or at ataylercfc@hackney.gov.uk.

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to education.hackney.gov.uk



Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and children under four.

You can collect Healthy Start Vitamins Monday to Friday, 9am - 5pm at Ann Tayler C&F Hub reception.

Upcoming at Ann Tayler C&F Hub

Starting Solids

Starts 15/8/2024, every 3rd Thursday of the month
1:00pm – 3:00pm
Booking only - limited spaces

First Aid for Parents with babies under 5 months

27/09/2024 & 08/11/2024 12.30 – 2.30pm
Booking only - limited spaces

Triple P

For Babies up to 1 year
(5 weeks) 5th November - 3rd December
Booking only - limited spaces

EPEC- Empowering Parents, Empowering Communities-

For parents with children 0-3 years
(10 weeks) 11th September - 20th November
Booking only - See flyer for more information

Solihull Approach

Antenatal- (5 weeks)
10/09/24- 08/10/24 & 04/11/24- 02/12/24
Postnatal- (6 weeks)
11/09/24 - 14/10/24 & 05/11/24- 10/12 /24
Booking only - See flyer for more information

Ann Tayler Children & Family Hub Launch Open Day

8th November 2024- 10:00am – 2:00pm

Early Help Family Support

If you would like support with family life, finances and other issues, speak to the Early Help team. They can provide one-to-one support or direct you to where you can access relevant support, alternatively you can attend their surgery on **Thursdays 1.30pm - 3.00pm**.

Please call Family Support Monday-Friday, 9am - 5pm at **Ann Tayler Children & Family Hub**.

CATCH - Communication Assessment Together with Carers in Hackney

Ann Tayler Children & Family Hub

If you are concerned about your child's speech, language or communication, you can attend a CATCH session with your child. You will speak to a Speech and Language Therapist and get assessment and advice. Every 2nd Monday of each month (Ann Tayler CFH); last Thursday of the month (Thomas Fairchild Children's Centre). **Appointment only**.

Email: hello@gethackneytalking.co.uk
or call: **020 7683 4262** for more information.

Health Clinic booking

Ann Tayler Children & Family Hub

0207 683 2634

Sebright Children's centre

0207 683 4695/ 0207 683 4151

