

Stay & Play Activity Timetable 4 September - 19 December Term Time Only

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Massage 5 week baby massage ; starting 8/09, and 3/11 Please book in advance	Stay and Play Drop-In 10 am– 11:30am 0 - 5 years	Stay and Play Drop-In 10am–11.30am 0 - 5 years	Stay and Play Drop-In 10am–11.30am 0 - 5 years	Music and Movement Drop-In 10am–11.30am 0 - 5 years
Mini Movers Drop-In 2pm–3pm 13/10 and 8/12	Use the Room Drop-In 1.15pm–3pm 0 - 5 years	Stay and Play Drop-In 1.30 pm - 3.00 pm 0 - 5 years	First Aid for parents and babies under 1 1pm - 3pm 13/11 Please book in advance	
Starting Solids Workshop 1pm–3pm 20/10 and 15/12 Please book in advance				

Millfields Children's centre

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Millfields Children's Centre

Elmcroft Street, London, E5 0SQ

ccinfo@millfields.sch.uk

Term Time Only

No sessions from 27 - 31 October (Half term break)

Baby Massage

Learn how to feel closer to your baby through nurturing touch. 5 week course. Please book in advance. Email ccinfo@millfields.hackney.sch.uk

Starting Solids

Workshops on **20 October** and **15 December**.

Learn about introducing solid foods to your baby and create lifelong healthy eating habits.

Please book in advance. Email ccinfo@millfields.hackney.sch.uk

Mini Movers

Get tips on your baby's physical development from a physiotherapist.

Use the Room

Looking for somewhere nice to relax in and play with your child?

We are making the room available for families to use independently on Tuesday afternoons. Ring the bell and we'll let you in!

First Aid

13 November First Aid Workshop for parents and infants under 1 year old

1 pm - 3pm

Please book in advance