



Calling all

Parents of under 3's

Free 1:1 sessions to explore your connection with your baby.

We'll use footage of you interacting with your baby to help you build on your strengths and become a more confident parent by:

- understanding your babies cues
- strengthening your bond with your baby
- creating more joyful moments

Contact your local Children & Family Hub for more information

 [bit.ly/children-familyhubs](https://bit.ly/children-familyhubs)

