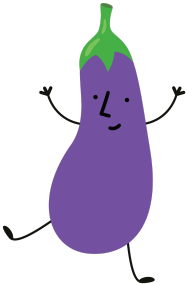




Children & Family Hubs

Well Street Common & Hackney Marshes

Activity Timetable

Date: April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daubeney Children & Family Hub</p> <p>103 Daubeney Road London E9 0EG T. 020 8525 7040</p>	<p>Eat Club 10.00am –12.00pm From the 15th April <i>Booking only</i></p> <hr/> <p>Sing & Sign with Corin 1.00pm –1.45pm From the 22nd April</p> 	<p>Wigglers & Jigglers Under Ones Group 10.30am –11.30am</p> <hr/> <p>Messy Stay & Play session 1.00pm –3.00pm</p>  <hr/> <p>Mini Movers (with Physiotherapist) 10.30am –11.30am</p> <hr/> <p>Welcome to Daubeney C&F Hub 11.00am –11.30am Last Tuesday of the month <i>Booking only</i></p>	<p>Health Clinic 1.00pm –3.30pm <i>Call 020 7683 4151/4695 to book a place</i></p> <hr/> <p>Infant Feeding Support Drop- In 1.00pm –2.30pm</p> <hr/> <p>Starting Solids Workshop 1.00pm –3.00pm 15/05/2024 & 19/06/2024 <i>Booking only</i></p> <hr/> <p>Understanding Food Labels Workshop 1.00pm –2.30pm 22/05/2024 <i>Booking only</i></p> <hr/> <p>Fussy Eating Workshop 1.00pm –2.30pm 05/06/2024 <i>Booking only</i></p> <hr/> <p>Healthy Food Swaps 1.00pm –2.30pm 03/07/2024 <i>Booking only</i></p>	<p>Baby Bells with Hartbeeps Drop-In (for non crawling age children) 1.00pm –1.45pm From the 25th April</p>  <hr/> <p>Antenatal Clinic 9.00am –4.00pm <i>Appointment only</i></p>	<p>Baby Massage 10.00am –11.30am Begins after May half term <i>Booking only</i></p> <hr/> <p>PEEP - Learning Together Programme 10.00am –12.00pm Begins after May half term <i>Booking only</i></p>

Children & Family Hubs

Well Street Common & Hackney Marshes



Activity Timetable

Date: April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Wentworth Children's Centre Granard House Bradstock Road Hackney E9 5BN T. 020 8985 3491	Stay & Play for under 4 9.30am –11.30am ----- Antenatal Clinic 9.00am –4.00pm 	Tiny Tots Time (0-12 months) 9.30am –11.30am ----- Starting Solids Workshop with HENRY 9.30am –11.30am 09/07/2024 <i>Booking only</i>	 Stay & Play for under 4 9.30am –11.30am ----- Baby Massage Course 10.00am –11.00am 01/05/2024 –22/05/2024 & 12/06/2024 –10/07/2024 <i>Booking only</i>	First Steps- Children's Mental Health & Emotional Wellbeing 9.00am –4.00pm <i>Appointment only</i> ----- Tiny Tots Time (0-12 months) 9.30am –11.30am ----- Baby Bells with Hartbeeps (for non-crawling age children) 10.30am –11.30am Starts 25/04/2024 ----- Starting Solids Workshop with HENRY 9.30am –11.30am 09/05/2024 <i>Booking only</i>	Antenatal Clinic 9.00am –4.00pm ----- Stay & Play for under 4 9.30am –11.30am (no session on 26/04/2024) ----- Spring Walk in Victoria Park 9.30am –11.30am 26/04/2024 ----- Fussy Eater Workshop for Parents 9.30am –11.30am 19/04/2024 <i>Booking only</i>	
	Baby and You 10.30am –12.00pm 08/04/2024 - 29/04/2024 <i>Invitation only</i>				Starting Solids Workshop with HENRY 9.30am –11.30am 09/05/2024 <i>Booking only</i>	Music & Movement and Outdoor Play 1.00pm –2.30pm 26/04/2024 –24/05/2024
	London Rhymes 10.30am –12.00pm 13/05/2024 –22/07/2024 <i>Invitation only</i>				Stay & Play for under 4 1.00pm –3.00pm	Community Cook & Eat 1.00pm –3.00pm 07/06/2024–12/07/2024

Children & Family Hubs

Well Street Common & Hackney Marshes



Activity Timetable

Date: April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gainsborough Children's Centre Berkshire Road Hackney E9 5ND T. 020 8985 4622	First Steps 1:1 Consultations 9.00am –3.00pm <i>Appointment only</i> <hr/> Music with Corin 12.00pm –12.45pm <hr/> Active Stay and Play 10.30pm –11.30am	Sensory Stay & Play 9.30am –11.30am <hr/> Messy Play 1.30pm –3.30pm 	First Step 1:1 Consultations 9.00am –3.00pm <i>Appointment only</i> <hr/> PEEP - Learning Together Programme 9.15am –12.00pm 17/04/2024 - 22/05/2024 <i>Booking only</i> <hr/> Stay and Play 9.30am –11.30am	Childminders' Group 9.30am –11.30am	Sleep Support 11.00am –12.00pm 26/04/2024 <hr/> Art & Craft/ Stay & Play 1.30pm –3.30pm <hr/> HENRY 8 Week Programme <i>Booking only</i>
Millfields Children's Centre Elmcroft Street Hackney E5 0SQ T. 020 8525 6410	Baby Massage Course 10.00am –11.30am <i>Booking only</i> <hr/> Starting Solids Workop with HENRY 1.00pm –3.00pm 29/04/2024 & 10/06/2024 <i>Booking only</i> <hr/> Mini Movers 20/05/2024 & 15/07/2024 1.30pm –2.30pm	Stay & Play 10.00am –11.30am	Music & Movement 10.00am –11.30am <hr/> Baby Sign (best for 3 to 12 months) 1.30pm –2.30pm No sessions on 17th April	Stay & Play 10.00am –11.30am 	Music & Movement 10.00am –11.30am

Working for every child

Children & Family Hubs

Well Street Common & Hackney Marshes



Activity Timetable

Date: April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Clapton Park Children's Centre</p> <p>161 Daubeney Road London E5 0EP T. 020 8986 7437</p>	<p>Gardening Club 10.30am –11.30am</p> <p>-----</p> <p>Sensory Play 12.30pm –1.30am</p> <p>-----</p> <p>Sensory Toy Library 1.30pm –2.00pm</p>	<p>Play and Learn / Toy Library 10.00am –12.00pm</p>	<p>Forest school Outdoor learning Drop-In 10.00am –11.30am</p> <p>-----</p> <p>Childminder's Drop-In 10.00am –12.00pm</p> <p>-----</p> <p>Sensory Toy Library 1.00pm –1.30pm</p> <p>-----</p> <p>Sensory Play 1.30pm –2.30am</p>	<p>Messy Play 10.00am –12.00pm</p> 	<p>Under 18 months Session 10.00am –12.00pm</p> <p>-----</p> <p>Baby Massage Course 10.00am –10.45am 19/04/2024– 17/05/2024 <i>Booking only</i></p>
<p>Morningside Children's Centre</p> <p>Chatham Road Hackney E9 6LL T. 020 8522 2400</p>	<p>Messy Play/My Journey Drop-in 9.00am –11.30am</p> <p>-----</p> <p>Baby Massage 1.30pm –3.00pm 22/04/2024 - 20/05/2024 <i>Booking only</i></p> <p>-----</p> <p>PEEP - Learning Together Programme 1.00pm –2.30pm 10/06/2024 - 15/07/2024 <i>Booking only</i></p> <p>-----</p>	<p>Tiny Tots/Soft play/ My Journey Drop-in session 9.00am– 11.30am</p>	<p>Stay & Play/ Mini Library & Cloths Swap Drop-in session 9.00am –11.30am</p> 	<p>Music with Double Bass Dan 9.30am–10.00am & 10.15am –10.45am</p> <p>-----</p> <p>Toddler Yoga (8-16 months) 5 Weeks 3.15pm– 4.15pm 2/05/2024 –30/05/2024 & 13/06/2024 –11/07/2024 <i>Booking only</i></p>	<p>Infant Feeding Support 9.00am –1.00pm <i>Appointment only</i></p> <p>-----</p> <p>Baby Yoga (6-8 months) 5 Weeks 10.00am –11.00am <i>Booking only</i></p> <p>-----</p> <p>Baby Massage 5 Weeks 11.30am –1.00pm 3/05/2024 –7/06/2024</p>

Working for every child

Children & Family Hubs

Activities & Support

Contact us

Daubeney Children & Family Hub

020 8525 7040

CFHUB@daubeney.hackney.sch.uk

Wentworth Children's Centre

020 8985 3491

childrencentre@wentworth.hackney.sch.uk

Gainsborough Children's Centre

020 8985 4622

admin@gainsborough.hackney.sch.uk

Clapton Park Children's Centre

020 8986 7437

claptonPark@hackney.gov.uk

Millfields Children's Centre

020 8525 6410

ccinfo@millfields.hackney.sch.uk

Morningside Children's Centre

020 8522 2400

centre@morningside.hackney.sch.uk

For a full programme of activities and services call the respective centre.

Or visit: education.hackney.gov.uk/search/childrens-centres

Childcare

For more information on childcare vacancies contact **Daubeney Children & Family Hub**.

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 hours of childcare for 3 & 4 year olds. For more information go to: education.hackney.gov.uk/

Clothes for children drop-in

Bring clothes and swap clothes. The last Friday of each month, from 10.30am - 12pm, at **Daubeney Children & Family Hub**.

Forest School drop-in sessions

If attending for the first time, please send us an email at booking.education@hackney.gov.uk. For more information, please visit hackneyforestschool.co.uk/web/drop-ins

Clapton Park Children's Centre

Wednesday (term time only)

10.00am - 11.30am

£25 for six sessions

Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support at **Daubeney Children and Family Hub**

Monday-Friday, 9am - 4.30pm

Call **020 8525 7040**



Rose Vouchers

To find out if you are eligible for Rose Vouchers for **FREE** fruit & vegetables, please contact **Daubeney Children & Family Hub**.



Healthy Start vitamins

FREE vitamins for pregnant women, new mums and children under four.

You can collect Healthy Start Vitamins Monday-Friday 9am –4pm from **Daubney Children & Family Hub**.



Infant feeding & breastfeeding support drop-in

Wednesdays 1pm – 2.30pm at **Daubney Children & Family Hub**.

Citizens advice

For support, advice, information on wellbeing, welfare and benefits.

Tuesdays, 10am –1pm at **Daubney Children & Family Hub**.

Call **020 8525 7040** to book.

Shelter Housing support

1st Wednesday of the month

Referral only

Talking walk-in initial assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment.

Appointment only. Email huh-tr-sltinfo@nhs.net or call **020 7683 4262** for more information.

Adult learning courses at Daubney Children & Family Hub, Wentworth, Clapton Park, Millfields, Gainsborough and Morningside Children's Centres:

- ESOL
- Preparing to work
- ICT - Basic Computer course
- Make & Do's/Sewing
- English GCSE Course
- First Aid workshop
- Starting Solids workshop
- Fussy Eating workshop
- Healthy Food Swaps workshop
- Understanding Food Labels workshop
- Understanding your child's behaviour
- Baby Massage
- Cake decorating
- Pottery class

For more information call or email **Daubney Children and Family Hub**.