

What Hackney fathers told us

Key findings and recommendations

→ **What we did**



Designed the survey with local fathers



748+
fathers took part



30
interviews

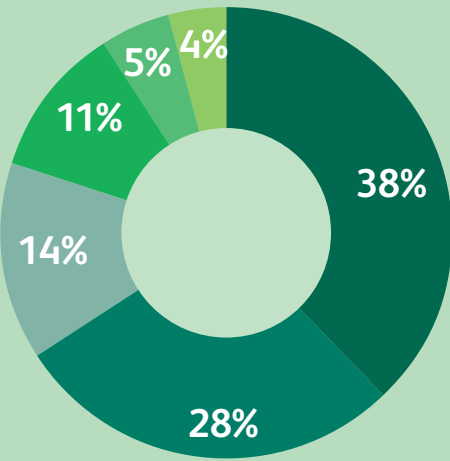


14
focus groups



618
surveys

→ **Who we heard from**



38%	Black African/Black Caribbean
28%	White British
14%	Jewish/Charedi Orthodox
11%	Turkish/Kurdish
5%	Mixed/Multiple ethnic groups
4%	Small Asian and other groups

Characteristics

- 30% lived in the most deprived areas (IMD Deciles 1–2)
- 12% were non-resident
- 4.5% were unemployed, compared to Hackney’s 6 % unemployment rate
- 1.2% were stay at home dads
- 34% earned £20,000 or less

Seldom-heard groups

- 9% **Young fathers (Under 25):** more likely to experience financial instability and be unaware of available support
- 6% **Care leavers:** faced additional barriers, including limited access to parental role models
- 12% **Non-resident fathers:** experienced legal and social barriers to co-parenting

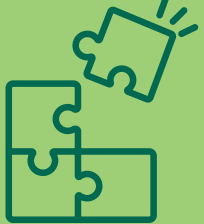
→ **What fathers told us**



78%
wanted more father-specific services



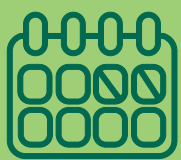
80%
wanted increased awareness of services for fathers



55%
felt services did not cater for or explicitly include them



12%
had accessed mental health support



72%
wanted flexible/weekend provision



38%
attended perinatal classes

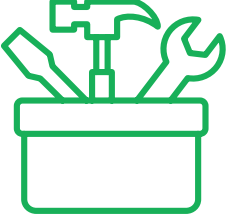


→ **What fathers want**

- Father-only spaces and peer-led support
- Better communication and clearer signposting
- Services that explicitly welcome fathers
- Flexible evenings and weekends
- Culturally sensitive and inclusive practice

→ **Recommendations**

1



Father-friendly toolkit/charter

2



Peer support and father circles

3



Father-inclusive workforce training

4



Borough-wide campaign

