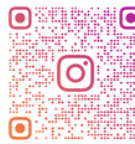


Woodberry Down Children & Family Hub

Stay & Play Activity Timetable: September to December 2026

Spring Park Drive, N4 2NP
Tel: 020 8815 3270 or 020 8815 3250

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ante-natal Clinic By Appointment Only 9am - 5pm	Ante-natal Clinic By Appointment Only 9am - 5pm	Edge: Steps into Music Edge Youth Hub N4 1SN Over 1's Session Term Time Only 10am-10.40am	Ante-natal Clinic By Appointment Only 9am - 5pm	Ante-natal Clinic By Appointment Only 9am - 5pm	Steps into Music Under 2's Session Term Time Only 10am -10.45am
Baby Steps 9am-5pm	Stay & Play with Toy Library 9.30am-11.30am	Adult Learning: IT Classes Term Time Only 10am-1pm	Strengthening Families, Strengthening Communities 9.30am-12.30pm 13 weeks course Starting 10 th September 2026	Stay & Play 9.30am-11.30am	Steps into Music Over 2's Session Term Time Only 11am-11.45am
Under 1's Group Term Time Only 10am-11.30am	Health Visitors Clinic Every Tuesday 9.30am-11.30am	Edge: Steps into Music Edge Youth Hub N4 1SN Under 1's Session Term Time Only 10.50am - 11.30am	Chill and Chat with Infant Feeding Peer Support 10am-11.30am	Baby Massage 5-week course Starting 4 th September 2026 10am-11.30am To book please call 020 8815 3270	Join us on Instagram  WOODBERRYDOWNCFH
Mini Movers with the Under 1's Group 10am-11.30am Next sessions: 19th October 2026 21 st December 2026	Adult Learning: Maths Classes Term Time Only 10am - 1pm	Stay & Play Term-Time Only 1.30pm-3pm	Adult Learning: Maths Classes Term Time Only 10am - 1pm		

Children & Family Hubs
Partnerships



Hillside Children's Centre

Stay & Play Activity Timetable: September to December 2026

1 Leatherhead Close, Holmleigh Rd, N16 5QR

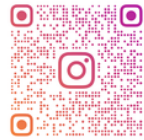
Tel: 020 8800 7325

Monday	Tuesday	Wednesday	Thursday	Friday
Adult Learning: ESOL Term Time Only 9.30-11.30am with creche Starting 15 th September 2026	Adult Learning: ESOL Term Time Only 9.30-11.30am with creche Starting 16 th September 2026	Baby Massage with Karen 5-week course 1.30pm-3.00pm Starting 9 th September 2026 To book please call 020 8800 7325	Chill and Chat with Infant Feeding Peer Support for Jewish Mums 10am-11.30am To book please call: 020 8815 3270 Chill and Chat with Infant Feeding Peer Support 12.30pm-2pm To book please call: 020 8800 7325	First Year and You Parenting Programme for parents/carers of babies up to 12 months Starting 2 October 2026 for 10 weeks 1pm-3pm
Stay & Play with Toy Library Term Time Only 1.30pm-3pm			Baby Yoga Drop In with Karen 10.30am-11.30am	Citizen Advice Bureau Appointment only 10am-12.15pm To book please call: 020 8800 7325
			Jewellery Making with June Term Time Only 1pm - 3pm with creche Starting 10th September 2026 Sewing with June Term Time Only 1pm - 3pm with creche Starting 15th October 2026 To book please call 020 8800 7325	Join us on Instagram  WOODBERRYDOWNCFH

Clissold One O'Clock Club

Clissold Park, Stoke Newington Church St, N16 9HJ
Tel: 0208 356 3155

Stay & Play Activity Timetable: September to December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Childminding Support for Childminders 10am-11.30am Every 2nd & 4th Monday of the month	Under 1's Group with Enhanced Health Visiting Infant Feeding Support 10am -11.30am	Baby Massage 5- week course Starting 4th November 2026 10am-11.30am To book please call 020 8815 3270		Rhyme Time 10am -11.15am
				Join us on Instagram  WOODBERRYDOWNCFH
Stay & Play 1.30pm- 4pm	Stay & Play 1.30pm- 4pm	Stay & Play - Outdoor Play & Learning 1.30pm-4pm	Stay & Play 1.30pm-4pm	Stay & Play 1.30pm- 4pm

Woodberry Wetlands and Springfield Neighbourhood

Parent/Carer Timetable: September to December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Woodberry Down Children & Family Hub 	First Aid 2 nd November 2026 1pm-3pm 4pm-6pm	Coffee Morning Peer Support for Parents with children that have Special Educational Needs and Disabilities 1pm-2.30pm Next Session: 15 th September 2026 10 th November 2026 8th December 2026 Citizens Advice Bureau Appointment Only 10am - 1pm Employment Support with June By Appointment Only Term Time Only 12pm-3pm HENRY Workshop: Eating for Healthy Teeth 20 th October 2026 10am-11:30am	Citizens Advice Bureau Appointment Only 10am - 1pm Drop in 2pm - 4pm 		
Hillside Children's Centre  Hillside Children's Centre			Coffee Morning Peer Support for Parents with children that have Special Educational Needs and Disabilities 9.30am-11am Next Session: 14 th October 2026		
Clissold 1 O'clock Children & Family Hubs Partnerships				HENRY Workshop: Starting Solids 22nd October 2026 10am-12pm	

Woodberry Wetlands and Springfield Park Neighbourhood

Contact us

Hillside Children's Centre
020 8800 7325

Woodberry Down Children's Centre
020 8815 3270

Lubavitch Children's Centre
020 8809 9050

For a full programme of activities and services, call the respective centre. Or visit:
www.woodberrydowncfhub.hackney.gov.uk

Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from reception Monday–Friday, **10am–5pm**.

Free Pre-Loved Clothes

Come along to any of our locations and have a look at what pre-loved clothes we have available.

Donations are also welcome !!

Smoking Cessation

Access expert support and proven treatments to start your smoke-free life today. **Call 020 8815 3270 for further details.**

Childcare

We have childcare vacancies in our early year's settings. Please contact us for more information.

Woodberry Down Children & Family Hub:
020 8815 3270
woodberrycfh@hackney.gov.uk
(Vacancies for 2 year olds)

Hillside Children's Centre
020 8800 7325
(Currently has vacancies)

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to education.hackney.gov.uk/

Help is at Hand

For guidance and support regarding family life, financial issues, or general wellbeing, please contact Marion Parker, Senior Early Intervention Practitioner.

Chill & Chat with Infant Feeding Peer Support

A friendly stay and play to meet other parents in your area and get infant feeding support from trained volunteers offering feeding information and a safe space to share your experiences

Further Information

First Steps - 121 Wellbeing Sessions

Do you feel: Overwhelmed, anxious or exhausted. Are your relationships emotionally challenged by the demands of parenthood? Would you like to discuss: infant needs, feelings of loneliness, low mood, or isolation?

Parent Carer Forum

We're looking for representatives to ensure our services reflect the needs of our entire community.

2nd September 2026 10am - 12pm

If you are interested in shaping the service please call 020 88153270 for further details.

HENRY

HENRY's peer support service works with pregnant women, and mothers with children 0-2 years, to share practical tips, emotional support and signposting to local services in City & Hackney.

The Peer Support helpline number is: 020 8135 9228

Baby Steps One to One Session:

To promote positive early relationships and good mental wellbeing for babies and their families. We offer practical support and advice to parents and carers of babies aged 0-2 without the need for a referral to CAMHS.

If you would like to speak with someone 1 to 1 about any aspect of parenting a baby or the emotional impact of becoming a parent itself please request a drop-in appointment through centre staff.

Every Wednesday 11am-1pm